

Geriatric Behavioral Health Unit

ABOUT EVERETT NURSING AND REHAB

Everett Nursing and Rehabilitation is a 170-bed skilled nursing and rehabilitation facility dedicated to providing the highest quality care. Under one roof are four distinct units, each specializing in its own discipline.

RESIDENT CARE UNITS

- 51-Bed Long-Term Care
- 39-Bed Secure Alzheimer's/Dementia Unit
- 39-Bed Sub Acute Transitional Care Unit
- 41-Bed Secure Geriatric Behavioral Unit

STAFFING

Each unit has high staffing levels that are consistent throughout each unit without the use of agency services.

FACILITY SPECIAL FEATURES

- ◆ Comfortable, friendly dining experience
- ◆ Beauty/Barber Shop
- ◆ Weekly field trips
- ◆ Full-service soda fountain
- ◆ Outdoor courtyard
- ◆ Internet cafe
- ◆ Located on Rt. 110/111 Bus line

ACTIVITIES PROGRAM

Each unit has a dedicated team of activities professionals. Geriatric Behavioral and Alzheimer's failure free programs continue into the evening hours.

This secure 41-bed unit is specially designed to meet the unique physical and psychological needs of older patients, generally over 55 years of age, who are experiencing complex physical, emotional and behavioral problems.

Our Treatment Philosophy

The goal of our unit is to maintain and improve each patient's quality of life and enhance the patient's self-respect and dignity.

Our Program

The program is designed by a multidisciplinary treatment team led by a board certified Psychiatrist dedicated to the unit. The other members of the team include nurses, certified nursing assistants, social workers, physical, occupational and speech therapists, and activities professionals all specially trained in geriatric behavioral care. The treatment team meets prior to each patient's admission to review documentation provided by the referring facility. An interim behavior plan is developed at this time to facilitate the smoothest transition possible for the patient.

Upon admission, patients receive comprehensive evaluations aimed at diagnosing their disorder and assessing their emotional, behavioral and cognitive abilities. These evaluations lead to treatment and behavioral plans that may include individual and group therapy, psychopharmacology, physical and occupational therapies, and behavioral interventions. Staff members are certified in non-violent crisis intervention.

Family Involvement

Family members are encouraged to be an active part of the treatment program and attend regular family conferences. These conferences give the family, patient and staff the opportunity to sit down and discuss the individual's progress in treatment. While family members are welcome to visit at any time we will work together to determine how to make visits to the unit as pleasant as possible for both the patient and the visitor.

Admission Criteria

To be eligible for admission, patients must need evaluation or treatment for behavioral problems (e.g. verbally aggressive behavior, agitation, wandering, depression or anxiety).

